

Most people use two bags, one for food/large items, and the other for clothes/personal stuff you might want in the tent at night. Sturdy, stackable rubbermaid tubs work well too. LABEL YOUR BAGS or TUBS; THEY ALL LOOK ALIKE.

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### **On Water Equipment - Required**

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*A list of area outfitters is posted on the paddle website if you need to rent gear*

Paddle (2 pieces, if kayak) - some people carry a spare

kayak or canoe, registration current, if required

life jacket

water bottle (2)

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### **Highly Recommended**

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dry bag for gear on boat and/or deck bag

sun hat, sunglasses & strap

sponge and/or bilge pump

rope (short hank) for boat - handy for pulling in shallows

sealable container for lunch and other small items

pocket knife

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### **Seasoned Paddlers Recommended List**

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tent - including groundcloth, stakes, poles, & rope for clothesline

sleeping pad, sleeping bag (liner is nice), pillow case (stuff with clothes for pillow)

tarp to use as tent doormat & rain cover for gear

wick dry shirts (3)

camp shirts (3) (paddle t-shirt & others)

light fleece & heavy fleece - could be cool at night

windbreaker with hood

rain gear, jacket & pants - worth investing in better than a poncho

gloves, headband, hat for cool weather

shorts - quick dry for paddling (2)

pants (3) khaki, wind suit, synthetic knit

undergarments, socks, longjohns (if it's cold at night you'll be happier)

towel, wash cloth, soap, shampoo, toothbrush, toothpaste, lip balm

swimsuit

water shoes

lightweight boots or tennis shoes for camp, sandals

mesh dirty clothes bag

headlamp or flashlight, & extra batteries

tiny-lightweight folding camp stool (NO FULL SIZE LAWN CHAIRS)

sunscreen & insect repellent

notepad/pen

cell phone (TURNED OFF)

games and/or book

cash (shouldn't need much-but there may be some "luxuries" or souvenirs)

camera (fully charged & extra battery or memory card)

personal first aid kit/prescription medicine

map to destination & trip printouts

SPORK or fork, spoon, knife, mug (double as bowl), plate

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**Total for transport weighing less than 50 pounds**

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